

## Cold Menu - Term 1\* Elementary School

## For the weeks of:

Aug 30th - Sept 3rd Sept 20th - Sept 24th Oct 11th - Oct 15th Nov 1st - Nov 5th

	MONDAY	THECDAY	WEDNECDAY	THIREDAY	EDIDAY			
	MONDAY 8/30/2021	TUESDAY 8/31/2021	WEDNESDAY 9/1/2021	THURSDAY 9/2/2021	FRIDAY 9/3/2021			
		PDE	AVEACE					
	BREAKFAST							
Breakfast	Whole Grain Apple Muffin/ Diced Pears/ 100% Apple Juice	Assorted Cereals and Whole Grain Graham Crackers/ Chilled Pineapples	Zucchini Bread/ Fresh Apple Slices	Fruit & Yogurt Parfait/ All-Mixed-Up Fruit Cup	Whole Grain Plain Bagel w/ Cream Cheese / Mandarin Oranges			
Milk	Nonfat or 1% White Milk							
LUNCH								
Entrée	Turkey Ham & Cheese Sub Sandwich	Chicken Salad Sandwich	Tuna Salad Sandwich	Italian Sandwich	American Sub Sandwich			
	Egg Salad Sandwich V	Sunbutter & Jelly Sandwich VE	Mediterranean Hummus Wrap VE	Vegan Garden Wrap VE	Hearty Garden Salad w/ Whole Grain Tortilla Chips V			
Vegetables From	Chilled Black Beans	Broccoli Florets w/ Dip	Cucumber Coins w/Dip	Baby Carrots w/ Dip	Chilled Corn			
the Field								
Fruits		Fresh Apple	Fresh Peach	Fresh Banana	Fresh Pear			
	Fresh Orange		Applesauce Cup					
Milk	Nonfat or 1% White Milk							

<sup>\*</sup>Subject to change based on availability

V - indicates vegetarian

VE - indicates vegan

Green Color Font - indicates locally sources produce





## Cold Menu - Term 1\* Elementary School

For the weeks of:

Sept 6th - Sept 10th Sept 27th - Oct 1st Oct 18th - Oct 22nd

	MONDAY 9/6/2021	TUESDAY 9/7/2021	WEDNESDAY 9/8/2021	THURSDAY 9/9/2021	FRIDAY 9/10/2021		
BREAKFAST							
Breakfast	Banana Bread/ Fresh Clementine/ 100% Orange Juice	Assorted Cereals and Whole Grain Graham Crackers/ Applesauce Cup	Whole Grain Biscuit w/ Jelly/ All-Mixed-Up Fruit Cup	Fruit & Yogurt Parfait/ Chilled Pineapples	Whole Grain Bagel w/ Cream Cheese/ Fresh Apple Slices		
Milk	Nonfat or 1% White Milk						
LUNCH							
Entrée	Chef Salad Wrap	Chicken Caesar Wrap	Southwest Chicken Sandwich	Chilly Philly Sub Sandwich	Chicken Taco Salad		
	Sunbutter & Jelly Sandwich VE	Lift-Off! Spinach Salad w/ Tortilla Chips VE	Sweet Potato Wrap VE	Greek Salad w/ Tortilla Chips V	Garden Wrap V		
Vegetables From	Blue Ribbon Slaw	Chilled Corn	Garden Bar Salad w/ Dressing	Pinto Beans	Cherry Tomatoes w/ Dip		
the Field							
Fruits	Fresh Orange	Fresh Grapes	Fresh Nectarines	Fresh Pear	Fresh Peach		
Milk	Nonfat or 1% White Milk						

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## Cold Menu - Term 1\* Elementary School

For the weeks of:

Sept 13th - Sept 17th
Oct 4th - Oct 8th
Oct 25th - Oct 29th

Milk  Crackers / Mandarin Oranges  W. Cream Cheese / Diced Pears  Nonfat or 1% White Milk  LUNCH  Classic Chef Salad w/ Garlic Knot Bread  Veggie Lo Mein VE  Vegetables From the Field  Parfait/ Diced Pears  Mixed-Up Fruit Company  Mixed-Up Fruit		MONDAY 9/13/2021	TUESDAY 9/14/2021	WEDNESDAY 9/15/2021	THURSDAY 9/16/2021	FRIDAY 9/17/2021		
Whole Grain Graham Crackers / Mandarin Oranges   Whole Grain Bagel W/ Cream Cheese / Diced Pears   Muffin/ Fresh Apple Slices   Peaches   Banana Bread/ Mixed-Up Fruit Company   Parfait/ Diced Pears   Banana Bread/ Mixed-Up Fruit Company   Peaches   Peaches   Banana Bread/ Mixed-Up Fruit Company   Peaches   Peaches	BREAKFAST							
Entrée  Classic Chef Salad w/ Garlic Knot Bread  Veggie Lo Mein VE  Vegetables From the Field  Classic Chef Salad w/ Tortilla Chips  Chicken Dipper Salad w/ Tortilla Chips  Buffalo Chicken Wrap Asian Chicken Wrap Chicken Wrap W/ Dinner Rol  Salad w/ Tortilla Chips V  Tortilla Chips V  Baby Carrots w/ Dip  Chilled Corn  Broccoli Florets w/ Dip  Fresh Pear  Fresh Pear  Fresh Apple Slice	Breakfast	Whole Grain Graham Crackers / Mandarin	w/ Cream Cheese /	Muffin/ Fresh Apple	Parfait/ Diced	Banana Bread/ All- Mixed-Up Fruit Cup		
Entrée  Classic Chef Salad w/ Garlic Knot Bread  Chicken Dipper Salad w/ Tortilla Chips  Veggie Lo Mein VE  Vegetables From the Field  Classic Chef Salad w/ Tortilla Chips V  Chicken Dipper Salad w/ Tortilla Chips V  Buffalo Chicken Wrap Asian Chicken Wrap W/ Dinner Roll  Salad w/ Tortilla Chips V  Baby Carrots w/ Dip  Childed Corn  Broccoli Florets w/ Dip  Fresh Banana  Fresh Apple Slice  Fresh Pear  Chicken Caesar Salad w/ Tortilla Chips V/ Dinner Roll  Tomato & Cucumber Salad  Fresh Banana  Fresh Apple Slice	Milk	Nonfat or 1% White Milk						
Entrée  Classic Cher Salad w/ Garlic Knot Bread  Veggie Lo Mein VE  Vegetables From the Field  Classic Cher Salad w/ Garlic Knot Bread  Veggie Lo Mein VE  Chips  Salad w/ Tortilla Chips V  Chilled Corn  Salad w/ Tortilla Chips V  Chilled Corn  Buffalo Chicken Wrap  Asian Chicken Wrap  Asian Chicken Wrap  Asian Chicken Wrap  W/ Dinner Rol  Asian Hummus Wrap  VE  Tomato & Cucumber  Salad  Three Bean Salad  Fresh Pear  Fresh Pear  Fresh Panana  Fresh Apple Slice	LUNCH							
Veggie Lo Mein VE     Greek Salad w/ Tortilla Chips V     Black Bean Macaroni Salad w/ Tortilla Chips VE     Asian Hummus Wrap VE     Hearty Garden Sa w/ Dinner Roll       Vegetables From the Field     Baby Carrots w/ Dip     Chilled Corn     Broccoli Florets w/ Dip     Tomato & Cucumber Salad     Three Bean Sal       Fruits     Fresh Pear     Fresh Banana     Fresh Apple Slice	Entrée		Salad w/ Tortilla	Buffalo Chicken Wrap	Asian Chicken Wrap	Chicken Caesar Salad w/ Dinner Roll		
Vegetables From the Field  Fresh Pear  Fruits  Baby Carrots w/ Dip  Chilled Corn  Broccoli Florets w/ Dip  Salad  Fresh Banana  Fresh Apple Slice		Veggie Lo Mein VE		Salad w/ Tortilla Chips		Hearty Garden Salad w/ Dinner Roll V		
Fresh Pear Fresh Banana Fresh Apple Slice	Vogotables From	Baby Carrots w/ Dip	Chilled Corn	Broccoli Florets w/ Dip		Three Bean Salad		
Fruits								
	Fruits	Fresh Pear			Fresh Banana	Fresh Apple Slices		
			Fresh Apple	Diced Peaches		All-Mixed-Up Fruit Cup		
Milk Nonfat or 1% White Milk	Milk	Nonfat or 1% White Milk						

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